



FOR IMMEDIATE RELEASE

Contact: Cynthia Castle
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Summer Swimming Lessons

ASHEBORO - The Asheboro Cultural and Recreation Services Department will be offering American Red Cross "Learn to Swim" swimming lessons during the upcoming summer pool season. All lessons will be taught by American Red Cross certified Water Safety Instructors. Both private and group lessons will be available to anyone over the age of 6 months.

Group lessons will be held in three, two week sessions and private lessons will be held in three, one week sessions. Lessons will begin Monday, June 13th. Upon registration, participants will be informed which time slot they are to attend based on their age group. Age groups are Parent and Child Aquatics for 6 month – 3 year olds, Preschool Aquatics for 4 – 5 year olds, and Learn to Swim for those who are 6 years or older. Additionally, this year we will be offering separate lessons for adults, 18 years and older.

Those interested in taking part in swimming lessons should come to the Asheboro Cultural and Recreation Services Department office, located at 241 Sunset Avenue in Asheboro, to complete all registration requirements. The cost of group lessons is \$25 for City residents with a current Rec-Card and \$30 for those who live outside the city limits. Private lessons will cost \$50 for City residents with a current Rec-Card and \$60 for non-residents.

For more information, please contact Cynthia Castle at (336) 626-1240 ext. 5 or via e-mail at ccastle@ci.asheboro.nc.us.

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